



PHARMAVITE

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October 17, 2005

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

- (1) Name and address of manufacturer:
Pharmavite LLC, PO Box 9606, Mission Hills, CA 91346
- (2) Text of the statement(s):

Biotin is a B vitamin that helps manufacture fats and amino acids (protein) that are utilized by the body.
- (3) Name of the dietary ingredient(s):
Biotin
- (4) Name of the dietary supplement(s):
Super B-Stress Defense or products containing the above ingredients as a single ingredient or in combination with other ingredients.

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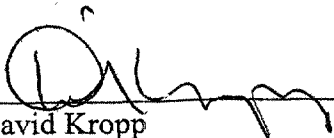


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PHARMAVITE

The above statement(s) may be used in one or more of the following brands of products: B.J.'s Wholesale, Kirkland Signature, Nature Made, Nature's Resource, Nutri Plus, Olay, Spring Valley, Target, TruNature, Walgreens.

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,



David Kropp
Director, Regulatory Affairs

cc. P. Bolar